



# IRIS

Initiative for Rural Innovation & Stewardship

## NORTH CENTRAL WASHINGTON REGIONAL FOOD SYSTEMS DIRECTORY

Updated May 25, 2010



IRIS 509-123-4567 • 10 N MISSION, PO BOX 4563, WENATCHEE, WA 98807 • [WWW.IRISNCW.ORG](http://WWW.IRISNCW.ORG)

## INTRODUCTION

The Initiative for Rural Innovation and Sustainability (IRIS) has compiled the attached “working directory” of efforts to strengthen the regional food system in North Central Washington.

The working directory is a starting point, a portrait of one moment in time in the ongoing journey of connecting people in Chelan, Douglas, Okanogan and Northern Grant counties to food grown right here in our region. North Central Washington is rich in innovation and dedication, and the efforts listed here – from farmers markets to Community Supported Agriculture farms, from marketing cooperatives to academic investigations – represent only a fraction of the many ways farmers, ranchers, non-profit groups, universities and citizens are striving to make our regional food system economically, environmentally and culturally successful and sustainable.

We hope you will use the information in this working directory to connect to some of these important partners in our communities. This directory will continue to grow and change. IRIS will update the directory twice a year. If you have suggestions or additions, please let us know.

Sincerely,

The IRIS Team

[www.irisncw.org](http://www.irisncw.org)

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## FARMERS MARKETS

### Brewster Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Fridays 2 to 6 p.m., June 25th through October at the Brewster Grange Hall	Marge Hagy (509) 689-2748 and Sandra Moses (509) 689-2081, Market Managers	Brewster and Bridgeport areas

### Bridgeport Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Fridays 8:30 a.m. to 12:30 p.m., June 25th through October at Firemen's Park, 10th and Columbia	Verla Groeneveld (509) 686-3875 and Tom Dundas (509) 686-8111, Market Managers  <a href="mailto:verla_1999@yahoo.com">verla_1999@yahoo.com</a>	Bridgeport and Brewster areas

### Chelan Valley Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Saturdays 8:30 a.m. to noon, June - October next to Chamber of Commerce at Johnson Street and Columbia	Mark Mcmonagle, Market Manager  (509) 470-1051  <a href="mailto:markmcmon@hotmail.com">markmcmon@hotmail.com</a>	Lake Chelan

## Ephrata Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Saturdays 8 a.m. to noon, second weekend in June through October at Sun Basin Plaza on the corner of Basin St. and Division.	Valentina Yashchuk, Market Manager PO Box 188 Ephrata, WA 98823 (509) 771-0383 <a href="mailto:ephratafarmersmarket@gmail.com">ephratafarmersmarket@gmail.com</a> <a href="http://www.ephratafarmersmarket.org">www.ephratafarmersmarket.org</a>	Ephrata and Grant County

## Leavenworth Community Farmers Market (Der Bauernmarkt)

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Thursdays 4 to 8 p.m., June through Labor Day, 3 to 7 p.m. Labor Day through October at Lions Club Park	Eric Link, Market Manager 900 Front Street, Suite C PMB 173 Leavenworth, WA 98826 (509) 548-5786 <a href="mailto:eric@alpinelakescheese.com">eric@alpinelakescheese.com</a>	Leavenworth community

## Mazama Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Wednesday 5 to 7 p.m., July 7 through September 1 at the Mazama Community Center  Music and activities for kids	Dana Christiansen (509) 996-3893 <a href="mailto:don118@centurytel.net">don118@centurytel.net</a>	Methow Valley

## Methow Valley Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Saturdays 9 a.m. to noon, April - October at the Community Center in Twisp	Willie Getz, Market Manager PO Box 1085 Twisp, WA 98856  (509) 996-2747  <a href="mailto:marketmaster2008@gmail.com">marketmaster2008@gmail.com</a>	Methow Valley

## Moses Lake Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Saturdays 7:30 a.m. to 1 p.m., May - October at McCosh Park; Wednesdays 2 to 7 p.m. June 2 through September 29 in Downtown Moses Lake at corner of 3rd Ave. and Ash St.	Misty Laughlin, Market Manager PO Box 691 Moses Lake, WA 98837  (509) 750-7831  <a href="mailto:mlfarmersmarket@yahoo.com">mlfarmersmarket@yahoo.com</a>  <a href="http://www.moseslakefarmersmarket.com">www.moseslakefarmersmarket.com</a>	Moses Lake and Grant County area

## Okanogan Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Saturdays 8 a.m. to noon, May - October at Okanogan Park	Stephanie Massie Clark, Market Manager  (509) 826-1259  <a href="mailto:smassieclark@msn.com">smassieclark@msn.com</a>	Omak-Okanogan

## Tonasket Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Thursdays 3 to 7 p.m. at Tonasket Triangle Park	Matt Welles, Market Manager (509) 486-8803 <a href="http://www.cccoftonasket.org">www.cccoftonasket.org</a>	North Okanogan County

## Wenatchee Valley Farmers Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Vendors sell produce grown and harvested in Chelan, Douglas, and Grant Counties. Veggie Vouchers, EBT transfer, and WIC coupons accepted. Kids Day at the Market last Saturday of June, July, and August. Various days and locations.	Jennifer Wiecking, Market Manager PO Box 2824 Wenatchee, WA 98807 (509) 663-8712 <a href="mailto:info@wenatcheefarmersmarket.com">info@wenatcheefarmersmarket.com</a> <a href="http://www.wenatcheefarmersmarket.com">www.wenatcheefarmersmarket.com</a>	Wenatchee area

## COMMUNITY SUPPORTED AGRICULTURE

### Roots Produce and Flower Farm CSA

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
CSA program featuring berries and flowers new in 2009, 10-week program.	Dan and Becky Wilkinson, farmer-owners 8291 Icicle Road Leavenworth, WA 98826  (509) 548-7534  <a href="mailto:dbwilkinson@flymail.net">dbwilkinson@flymail.net</a>	Leavenworth

### Solid Rock Farm

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Community Farm with paying members who can grow foods on the farm or receive a share of the produce; creating a local living economy.	Lars Clausen, PO Box 1777 Chelan, WA 98816  <a href="mailto:lars@onewheel.org">lars@onewheel.org</a>  <a href="http://www.lakechelanlocal.info">www.lakechelanlocal.info</a>	Lake Chelan

### Sunshine Farm Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Diversified farm, fresh produce and artisanal food market, Sunshine Farm CSA, Tunnel Hill Winery, intentional community residential, site of Broken Limbs documentary.	Guy and Rachel Evans, Owners 37 Hwy 97a Chelan Chelan, WA 98816  (509) 682-1350 or cell: (509) 670-3608  <a href="mailto:guy@sunshinefarmmarket.com">guy@sunshinefarmmarket.com</a>  <a href="http://www.sunshinefarmmarket.com">www.sunshinefarmmarket.com</a>	Lake Chelan and surroundings

## Dune Lakes Vineyard

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
CSA starting in 2009; sustainable, biodynamic farm produce, flowers, eggs, pumpkin patch, holiday festival.	Kris and JR Snider, owners 10820 Dune Lake Loop SE Moses Lake, WA 98837  (509) 431-7119  <a href="mailto:ksnider@dunelakesflowerfarm.com">ksnider@dunelakesflowerfarm.com</a>  <a href="http://www.dunelakesflowerfarm.com">www.dunelakesflowerfarm.com</a>	Grant County

## Farmhouse Table CSA

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Co-op style CSA, variety of vegetables and fruits from a number of small growers in Central Washington, Farmhouse Table Produce Market.	Mike Cochran, CSA Coordinator  10 N Mission PO Box 5414 Wenatchee, WA 98807  (509) 888-3010  <a href="mailto:mike@communityfarmconnection.org">mike@communityfarmconnection.org</a>  <a href="http://www.communityfarmconnection.org">www.communityfarmconnection.org</a>	Greater Wenatchee Valley

## Healthy Gourmet

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Food Subscription service with healthy, locally grown foods from their farm-gardens, personal chef service, educational workshops.	Scott and Ruth Parsons, farmer-chefs Wenatchee, WA 98801  (509) 663-8326  <a href="mailto:healthygourmetschool@gmail.com">healthygourmetschool@gmail.com</a>  <a href="http://healthygourmet.blogspot.com/">http://healthygourmet.blogspot.com/</a>	Greater Wenatchee Valley

## Sweet Williams Farm and CSA

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Farm to Family Food Box CSA, online fresh produce ordering, delivery.	Bill Smith, farmer-owner 2204 3rd ST NE East Wenatchee, WA 98802  (509) 387-6443  <a href="mailto:info@sweetwilliamsfarms.com">info@sweetwilliamsfarms.com</a>  <a href="http://shop.sweetwilliamsfarms.com/">http://shop.sweetwilliamsfarms.com/</a>	Greater Wenatchee Valley

## Tierra Learning Center

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Certified organic farm and retreat center for reflection, relaxation and community participation. CSA shares, farmers market vending, heirloom varieties, fresh eggs, farm mentoring with children.	Eron Drew and Willy Stockman, farmers PO Box 506 Leavenworth, WA 98826  (509) 548-6880 x 230  <a href="mailto:erondrew@earthlink.net">erondrew@earthlink.net</a>  <a href="http://www.tierralearningcenter.org">www.tierralearningcenter.org</a>	Greater Wenatchee Valley

## Tiny's Organic CSA

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Farmers Markets (many) and CSA delivery, organic office snacks, huge variety fruits and vegetables.	Jay and John McPherson, co-owners 669 South Ward Ave. East Wenatchee, WA 98802  (509) 264-3973  <a href="mailto:greg@ilovetiny.com">greg@ilovetiny.com</a>  <a href="http://www.ilovetiny.com">www.ilovetiny.com</a>	Puget Sound, Seattle area and Wenatchee Valley

## Crown S Ranch CSA

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Beef and pork shareholders collectively purchase whole animals in advance of harvest. delivered to Seattle 7 times a year. 1/8 steer, 1/4 pig, 7 chickens, 1 turkey & 7 dozen eggs.	Louis Sukovaty and Jennifer Argraves, Owners PO Box 309 Winthrop, WA 98862  (509) 996-3849  <a href="http://www.crown-s-ranch.com/">http://www.crown-s-ranch.com/</a>	Methow Valley

## Smallwoods Market

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Fruit stand, vegetables, CSA, transportation.	Dennis Carlton, manager/owner 23090 Hwy 20 Okanogan, Wa 98840  (509) 422-2444  <a href="http://www.smallwoodfarms.net">www.smallwoodfarms.net</a>	Okanogan Valley

## OTHER SUPPORTING ORGANIZATIONS

### Cascade Foothills Farmland Association

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Agri-tourism advocacy; Farmland Driving map featuring wineries, farms, produce stands, etc. Website resources.	Hank Manriquez, Executive Director P.O. Box 462 Peshastin, WA 98847  (509) 548-6784  <a href="mailto:hankmanr@nwi.net">hankmanr@nwi.net</a>  <a href="http://www.visitwashingtonfarms.com">www.visitwashingtonfarms.com</a>	North Central Washington

### Community Farm Connection

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Farmhouse Table co-op style CSA and retail green grocer; Farm to Chef fresh sheet program; buy local campaign.	Sherri Schneider, Executive Director PO Box 5414 Wenatchee, WA 98807  (509) 665-4102  <a href="mailto:sherri@communityfarmconnection.org">sherri@communityfarmconnection.org</a>  <a href="http://www.communityfarmconnection.org">www.communityfarmconnection.org</a>	North Central Washington

### EAT (Education and Agriculture, Together)

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Edible schoolyards; Farm to Table programs including farm to school; Community gardens; Community Food Assessment; EAT seasonally calendar; Farm to Table Directory; local food potluck meetings.	Joan Qazi, Coordinator PO Box 2903 Wenatchee, WA 98807  (509) 664-6691  <a href="mailto:jqazi@nwi.net">jqazi@nwi.net</a>  <a href="http://www.eatncw.org">www.eatncw.org</a>	North Central Washington

### Women's Resource Center Food Bank

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Community Food Bank links with farmers market.	Tanya Bradford or Carolann Risenhoover, Directors 20 Adams Ave Wenatchee, WA 98801  (509) 662-0121  <a href="mailto:tanya_bradford2000@yahoo.com">tanya_bradford2000@yahoo.com</a>  <a href="http://womensresourcecenter.typepad.com/wenatchee/community_food_bank/">womensresourcecenter.typepad.com /wenatchee/community_food_bank/</a>	North Central Washington

### Barn Beach Reserve and LIFE2

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
LIFE2-for a more sustainable Leavenworth works to inspire, educate and mobilize the citizens of the greater Leavenworth community to live more sustainably, including agriculture and food choices.	Jeff Parsons, Executive Director 347 Division Street Leavenworth, WA 98826  (509) 548-0181  <a href="mailto:jparsons@nwi.net">jparsons@nwi.net</a>  <a href="http://www.barnbeachreserve.org">www.barnbeachreserve.org</a>	Greater Wenatchee Valley

## Classroom in Bloom

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Classroom in Bloom is a half acre garden on the campus of Liberty Bell High School and Methow Valley Elementary School in Winthrop, WA. The garden provides hands-on education integrated into the school's curriculum and provides food for the cafeteria.	Anaka Mines or Lexi Koch, Coordinators PO Box 222 Twisp, WA 98856  (509) 997-2050  <a href="mailto:classroominbloom@methownet.com">classroominbloom@methownet.com</a>  <a href="http://www.classroominbloom.org">www.classroominbloom.org</a>	Methow Valley

## Methow Conservancy

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Protecting farmland with conservation easements.	Mary Kiesau, Program Coordinator 315 Riverside Avenue / PO Box 71 Winthrop, WA 98856  (509) 996-2870  <a href="mailto:mary@methowconservancy.org">mary@methowconservancy.org</a>  <a href="http://www.methowconservancy.org">www.methowconservancy.org</a>	Methow Valley

## Methow Naturalist

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Planting guides and advice for growing and gathering food in the region.	Dana Visalli Winthrop, WA 98862 (509) 997-9011  <a href="mailto:dana@methownet.com">dana@methownet.com</a>  <a href="http://www.methownaturalist.com">www.methownaturalist.com</a>	Methow Valley

## Partnership for a Sustainable Methow

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Annual community harvest dinner; Local Source directory of goods and services; Sustainable Living classes; Sustinere magazine (quarterly publication); Sustainable Agriculture Education	Tory Desalvo, Executive Director PO Box 264 Twisp, WA 98856  (509) 997-1050  <a href="mailto:tory@sustainablemethow.net">tory@sustainablemethow.net</a>  <a href="http://www.sustainablemethow.net">www.sustainablemethow.net</a>	Methow Valley

## Twisp Valley Grange

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Coordinates agricultural activities; certified kitchen for rental.	Terry Dixon, Worthy Master 344 W. 2nd Ave. Twisp, WA 98856  509-997-4841	Methow Valley

## Community Cultural Center

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Hosts farmers market; certified kitchen can be rented to create value-added products.	River Jones, Manager PO Box 664 Tonasket, Wa 98855  (509) 486-1328	Okanogan County

**Grange 1103**

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Coordinates agricultural activities.	Jim Martin, Worthy Master PO Box 1234 Okanogan, Wa 98840  (509) 422-5309  <a href="mailto:jmartin@bossig.com">jmartin@bossig.com</a>	Okanogan County

**Okanogan County Conservation District**

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Coordinates various sustainable agriculture projects.	Craig Nelson, Director 1251 So 2nd Okanogan, Wa 98840  (509) 422-0885 #110  <a href="mailto:craign@okanogancd.org">craign@okanogancd.org</a>  <a href="http://www.okanogancd.org">www.okanogancd.org</a>	Okanogan County

**Okanogan Producers' Marketing Association (OPMA)**

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
OPMA is a group of six farmers in Okanogan county who have joined together to form a co-op that allows them to pool their resources for improved farm to consumer potential. Cooperative marketing and transportation to larger markets in Puget Sound, etc.	Watershine, Chair PO Box 1807 Okanogan, Wa 98840  (509) 429-3807  <a href="mailto:info@filareefarms.com">info@filareefarms.com</a>  <a href="http://applecartfruits.com/OPMA.aspx">http://applecartfruits.com/OPMA.aspx</a>	Okanogan County

## Shared Harvest

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Classified website that lists food available and food wanted; all exchange is cash free (donation or barter).	Buck Orndorff, Webmaster Omak, Wa 98841 (509) 826-0530 <a href="mailto:cerropunta@communitynet.org">cerropunta@communitynet.org</a> <a href="http://www.sharedharvest.net/okanogan_county/">http://www.sharedharvest.net/okanogan_county/</a>	Okanogan County

## Quillisascut Farm School

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Produce artisan goat cheese; run a Farm school program that targets chefs and culinary professionals to use farm-fresh ingredients and farmers to learn value-added techniques for small scale sustainable farming.	Lora Lea Misterly Farmer/Chef/Owner 2409 Pleasant Valley Road  Rice, WA 99167 (509) 738-2011 <a href="mailto:loralea1@centurytel.nt">loralea1@centurytel.nt</a> <a href="http://quillisascut.com/">http://quillisascut.com/</a>	Washington

## Washington State Grange

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
Agriculture education and services.	June Hendrickson, State President 924 Capitol Way S #300/PO Box 1186 Olympia, WA 98507 (360) 943-9911 / (800)854-1635 <a href="mailto:webmaster@wa-grange.org">webmaster@wa-grange.org</a> <a href="http://www.wa-grange.org">www.wa-grange.org</a>	Washington

### WSU CSANR Sustainable Ag/Climate Friendly Farming

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
<p>Washington State Legislature created CSANR to promote healthy farms, food and people. The center works with communities to foster approaches that are economically viable, environmentally sound, and socially responsive.</p>	<p>David Granatstein, Project Manager                      1100 N. Western Ave.                      Wenatchee, WA 98801                      (509) 663-8181 x222  <a href="mailto:granats@wsu.edu">granats@wsu.edu</a>  <a href="http://organic.tfrec.wsu.edu/OrganicIFP/Home/">http://organic.tfrec.wsu.edu/OrganicIFP/Home/</a></p>	<p>Washington</p>

### WSU Small Farms Program

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
<p>Research-based information and educational programs for farmers, consumers, decision-makers, and others involved in local food systems. A statewide affiliation of professionals from WSU &amp; other organizations.</p>	<p>Marcia Ostrom, Director                      1100 Western Ave. N.                      Wenatchee, WA 98801                      (509) 663-8181 x 263  <a href="mailto:mrostrom@wsu.edu">mrostrom@wsu.edu</a>  <a href="http://smallfarms.wsu.edu/">http://smallfarms.wsu.edu/</a></p>	<p>Washington</p>

## SPECIAL PROJECTS

### Can the Methow Feed Itself?

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
<p>A study to determine the human carrying capacity of the Methow region.</p>	<p>Hans Smith                      Anaka Mines                      Dana Visalli</p> <p>Twisp, WA 98856</p> <p><a href="mailto:hans@pacificbio.org">hans@pacificbio.org</a>  <a href="mailto:anaka@mymethow.com">anaka@mymethow.com</a>  <a href="mailto:dana@methownet.com">dana@methownet.com</a></p>	<p>Methow Valley</p>

### Okanogan County Local Food Summit

ACTIVITIES	CONTACT	GEOGRAPHIC AREA
	<p>Michael Pilarski, Coordinator                      PO Box 253                      Twisp, Wa 98856</p> <p>(509) 486-2672</p> <p><a href="mailto:friendsofthetrees@yahoo.com">friendsofthetrees@yahoo.com</a></p>	<p>Okanogan County</p>